



# MORNING BELLE

## GLUTEN-FRIENDLY MENU

The following is a list of menu items at Morning Belle that are gluten-friendly or can be modified to be gluten-friendly. However, these menu items are guaranteed gluten-free because they are scratch-made. The health and safety of our guests are top priorities for us at Morning Belle. Please let your server know if anyone in your party has a food allergy.

### EVERYTHING EGGS

---

**HUMMING BIRD FRITTATA** Fluffy cage-free eggs baked with herb turkey breast, sundried tomatoes and roasted garlic cream cheese, topped with scallions and smashed avocado served with a side of seasonal fruit 11.99

**PORK BELLY FRITTATA** Fluffy cage-free eggs baked with wild mushrooms, topped with sriracha-honey glazed pork belly, scallions, sautéed peppers and paprika hollandaise sauce served with a side of signature potatoes 11.99

**MORNING BELLE BENEDICT** Two poached cage-free eggs on gluten-friendly toast with honey glazed ham and paprika hollandaise served with a cherry tomato spring mix salad 10.49

**THE GARDENER'S BENEDICT** Two poached cage-free eggs on gluten-friendly toast with goat cheese, sundried tomatoes, spinach, smashed avocado and pesto hollandaise served with a cherry tomato spring mix salad 10.99

**SMOKED SALMON BENEDICT** Two poached cage-free eggs on gluten-friendly toast with thin slices of smoked salmon, sour cream, capers, scallions, arugula and paprika hollandaise served with a cherry tomato spring mix salad 12.49

**SIMPLE OMELET** Cage-free egg omelet with sharp cheddar cheese, served with gluten-friendly toast, whipped butter and jam 7.99 (add choice of meat \$2)

**FRESH HARVEST OMELET** Cage-free egg omelet with sundried tomatoes, wild mushrooms, sauteed peppers, spinach, caramelized onions and smoked gouda cheese, topped with pesto hollandaise and served with gluten-friendly toast, whipped butter and jam 11.99

**CHICKEN BACON RANCH OMELET** Cage-free egg omelet with chicken breast, applewood bacon, spinach and blistered cherry tomatoes, drizzled with ranch and served with gluten-friendly toast, whipped butter and jam 10.99

**FARMHAND OMELET** Cage-free egg omelet with shredded corned beef and signature potatoes, caramelized onions, swiss cheese, topped with paprika hollandaise and served with gluten-friendly toast, whipped butter and jam 11.99

### ..... HEALTHY BEGINNINGS .....

**GARDEN GRAIN BOWL** Tri-colored quinoa, sriracha-honey glazed sweet potato, caramelized onions, wild mushrooms, smashed avocado and cherry tomatoes, topped with two cage-free eggs your way 8.99

**UPROOTED BOWL** Sriracha-honey glazed sweet potato, tuscan kale, sticky rice, ginger carrot kimchee, cage-free egg white scramble, scallions, cilantro, edamame and lime 10.99

**THE HUMMINGBIRD OMELET** Cage-free egg white omelet with herb turkey breast, sundried tomatoes and roasted garlic cream cheese, topped with scallions, smashed avocado and sour cream served with a side of seasonal fruit, gluten-friendly toast, whipped butter and jam 10.99

---

### SIDES

Corned Beef Hash 3.99

Egg White Scramble 2.99

Seasonal Fresh Fruit 2.99

Sausage Patties (2) 2.99

Cheesy Grits 2.99

Thick-Cut Bacon (4) 3.99

Steelcut Oats with Butter 2.99

Honey-Glazed Ham 2.99

Signature Potatoes 2.99

One Egg 1.49

Almond Granola with Milk 3.99

## SIGNATURES

**CLASSIC BREAKFAST #1** Two cage-free eggs your way, grits or potatoes, choice of meat and gluten-friendly toast with whipped butter and jam 9.99

**MEAT LOVERS BOWL** Applewood bacon, honey glazed ham, sausage, served over signature potatoes, with sharp cheddar and pepper jack cheeses, two cage-free eggs your way and a side of salsa verde 10.99

**SHRIMP AND GOUDA GRITS** House grits topped with gouda cheese, spiced shrimp, scallions and sour cream served with one cage-free egg your way 10.29

**MORNING BELLE OMELET** Three cage-free eggs over medium, folded omelet style, stuffed with sausage, wild mushrooms, peppers, sharp cheddar cheese, topped with sour cream and served with gluten-friendly toast, whipped butter and jam 10.99

**AVOCADO TOAST** Gluten-friendly toast topped with smashed avocado, cherry tomatoes marinated with basil, sea salt and balsamic served with one cage-free egg your way 8.99

## BOWLS / HASH / TOAST

**PORK BELLY BOWL** Sriracha-honey glazed pork belly, sticky rice, ginger carrot kimchee, edamame, cilantro and lime topped with two cage-free eggs your way 10.99

**ORANGE CHICKEN BOWL** Sriracha-honey glazed chicken, sticky rice, ginger carrot kimchee, edamame, cilantro and lime topped with two cage-free eggs your way 9.99

**SALMON AVOCADO TOAST** Gluten-friendly toast topped with slices of smoked salmon, smashed avocado, roasted garlic cream cheese, scallions, dill and capers served with a cherry tomato spring mix salad 11.99

**FARMHAND HASH** Shredded corned beef with signature potatoes, caramelized onions, roasted garlic bbq sauce, pepper jack cheese, topped with one cage-free egg your way 9.99

**PACIFIC BLUE CRAB HASH** Signature potatoes with blue crab, sweet corn, sautéed peppers, scallions, pesto hollandaise, topped with a cage-free egg your way 12.99

## FRESH FROM THE GARDEN

**BELLE SALAD** Spring mixed greens with cherry tomatoes, fire roasted artichokes, bell peppers, cucumber, avocado and pomegranate vinaigrette 8.99

**CAESAR SALAD** Chopped romaine, grated parmesan cheese and roasted garlic parmesan dressing 8.99

**HARVEST SALAD** Vitamin rich Tuscan kale, tossed with tri colored quinoa, and sunflower seeds, topped with red endive, mandarin oranges, apples, goat cheese and grain mustard dressing 7.99

**GARDENER'S SALAD** Beefsteak tomato slices with sea salt, black pepper, olive oil, fresh basil, aged balsamic and burrata cheese served with gluten-friendly toast 8.99

## HANDHELDs

**CLASSIC B.L.T** Thick-cut applewood bacon on toasted gluten friendly bread with arugula, beefsteak tomatoes and paprika aioli served with root vegetable chips 10.99

**CHICKEN FOCACCIA SANDWICH** Chicken breast topped with melted swiss cheese, roasted adobo spread, basil aioli, arugula and applewood bacon on toasted gluten friendly bread and served with root vegetable chips 9.99

**GRILLED HAM AND CHEESE** Honey glazed ham, melted cheddar and swiss on toasted gluten friendly bread served with root vegetable chips 9.99

\*Notice: Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.